New Offer Versus Serve
Lunch Requirements

Breakfast OVS Current
Food Based Pattern

Objectives

• Discuss the purpose of offer versus serve
• Learn the new OVS requirement for NSLP
• Learn the new OVS requirement for the fruit and vegetable component
• Review USDA Guidance for OVS under the final rule
Objectives

• Evaluate OVS example by age/grade group
• Practice OVS Activities
• Review current OVS requirements for SBP
• Questions & Comments, Email your questions & comments to the following addresses:
  – klkeller@esc1.net
  – lvillarreal@esc1.net

Offer vs. Serve
What, Where, When, & Why

• What:
  – Method of meal service that allows students to decline food items they do not intend to eat and still have a reimbursable meal
  – KEY: **Student** decides what menu items to decline.
Offer vs. Serve  
What, Where, When, & Why

• **Where:**  
  – CE’s operating the National School Lunch Program

• **When:**  
  – Required by USDA for grades 9-12  
  – Optional grades K-8  
  – Optional for SBP

**Offer vs. Serve**  
What, Where, When, & Why

• **Why?**
  – **Reduce waste** – students select only foods they want  
    • Prevents feeding the trashcan!

  – **Increase customer satisfaction**  
    • Offer students more food choices

  – **Cost savings** – less food prepared and thrown away
Definitions

- Food component—
  - Meat/Meat Alternate
  - Fruit
  - Vegetable
  - Grain
  - Milk

- Food item—
  - A specific food offered within the five food components.

New Meal Pattern – Lunch K-5 & 6-8

<table>
<thead>
<tr>
<th>Meal Pattern (Components)</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruits (cup)</td>
<td>2 / 3 cups (1/2 cup)</td>
<td>2 / 3 cups (1/2 cup)</td>
<td>2 cups (1 cup)</td>
</tr>
<tr>
<td>Vegetables (cup)</td>
<td>0.33 cups (1/2 cup)</td>
<td>0.33 cups (1/2 cup)</td>
<td>0.5 cups (1 cup)</td>
</tr>
<tr>
<td>Dark Green</td>
<td>1/6</td>
<td>1/6</td>
<td>1/6</td>
</tr>
<tr>
<td>Red/Orange</td>
<td>1/6</td>
<td>1/6</td>
<td>1/6</td>
</tr>
<tr>
<td>Starchy</td>
<td>1/6</td>
<td>1/6</td>
<td>1/6</td>
</tr>
<tr>
<td>Other</td>
<td>1/6</td>
<td>1/6</td>
<td>1/6</td>
</tr>
<tr>
<td>Additional Vegetable to 边框</td>
<td>1</td>
<td>1</td>
<td>1/6</td>
</tr>
<tr>
<td>Grain (oz. eq)</td>
<td>8-10 oz. (1 oz.)</td>
<td>8-10 oz. (1 oz.)</td>
<td>10-12 oz. (2 oz.)</td>
</tr>
<tr>
<td>Meat/Meat Alternate (oz. eq)</td>
<td>1.5</td>
<td>1</td>
<td>1.5</td>
</tr>
<tr>
<td>Fluid Milk (cups)</td>
<td>6 cups (1 cup)</td>
<td>5 cups (1 cup)</td>
<td>5 cups (1 cup)</td>
</tr>
</tbody>
</table>

Other Specifications - Daily Amount Based on the Average for a 5 Day Week:
- Min max Calories: 550-650, 600-700, 750-850
- Saturated Fat (% of total calories) ≤10, ≤10, ≤10
- Sodium (mg) ≤460, ≤710, ≤740

Fat not included in meal plan specifications must include 0 grams of trans fat per serving.
### New Meal Pattern – Lunch 9-12

<table>
<thead>
<tr>
<th>Meal Pattern (Component)</th>
<th>Amount of Food Per Week (Minimum Per Day)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruits (cups)</td>
<td>2 ⅔ cups (¾ cup)</td>
</tr>
<tr>
<td>Vegetables (cups)</td>
<td>3 ⅔ cups (¾ cup)</td>
</tr>
<tr>
<td>Dark Green</td>
<td>½</td>
</tr>
<tr>
<td>Red/Orange</td>
<td>¾</td>
</tr>
<tr>
<td>Beans/Pulses</td>
<td>¾</td>
</tr>
<tr>
<td>Nuts</td>
<td>½</td>
</tr>
<tr>
<td>Other</td>
<td>½</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Meal Pattern (Component)</th>
<th>Amount of Food Per Week (Minimum Per Day)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Additional Vegetable</td>
<td>1</td>
</tr>
<tr>
<td>Grains (oz. un)</td>
<td>8-6 oz. (1 cup)</td>
</tr>
<tr>
<td>Meat/Meat Alternate (oz. un)</td>
<td>6 10 (1)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Meal Pattern (Component)</th>
<th>Amount of Food Per Week (Minimum Per Day)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fluid Milk (cups)</td>
<td>6 cups (1 cup)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Other Specifications: Daily Amount Based on the Average for a 5 Day Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Min-max Calories (K-6)</td>
</tr>
<tr>
<td>Sodium (mg)</td>
</tr>
</tbody>
</table>

*Note: Nutrition label or manufacturer specifications must indicate zero grams of trans fat per serving.*

### New Meal Pattern – Lunch All Grades

<table>
<thead>
<tr>
<th>Meal Pattern (Component)</th>
<th>Amount of Food Per Week (Minimum Per Day)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruits (cups)</td>
<td>2 ⅔ cups (¾ cup)</td>
</tr>
<tr>
<td>Vegetables (cups)</td>
<td>3 ⅔ cups (¾ cup)</td>
</tr>
<tr>
<td>Dark Green</td>
<td>½</td>
</tr>
<tr>
<td>Red/Orange</td>
<td>¾</td>
</tr>
<tr>
<td>Beans/Pulses</td>
<td>¾</td>
</tr>
<tr>
<td>Nuts</td>
<td>½</td>
</tr>
<tr>
<td>Other</td>
<td>½</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Meal Pattern (Component)</th>
<th>Amount of Food Per Week (Minimum Per Day)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Additional Vegetable</td>
<td>1</td>
</tr>
<tr>
<td>Grains (oz. un)</td>
<td>8-6 oz. (1 cup)</td>
</tr>
<tr>
<td>Meat/Meat Alternate (oz. un)</td>
<td>6 10 (1)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Meal Pattern (Component)</th>
<th>Amount of Food Per Week (Minimum Per Day)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fluid Milk (cups)</td>
<td>6 cups (1 cup)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Other Specifications: Daily Amount Based on the Average for a 5 Day Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Min-max Calories (K-6)</td>
</tr>
<tr>
<td>Sodium (mg)</td>
</tr>
</tbody>
</table>

*Note: Nutrition label or manufacturer specifications must indicate zero grams of trans fat per serving.*
OVS for NSLP

- Student is required to take 3 out of the 5 food components, food components must be full minimum daily components (exception-fruit or vegetable)

- There must be on the tray a minimum ½ cup serving of fruit or vegetable component, or a combination of both (fruit and vegetables are the only two components USDA allows the student to select less of than the daily minimum)

- May take two ¼ cup servings from the same component of fruit or vegetable to meet the minimum daily requirement

- Minimum creditable serving size for a fruit or vegetable is 1/8 cup
USDA GUIDANCE FOR OFFER VERSUS SERVE – LUNCH SY 2012-2013

OVS Q &A

• How will OVS be implemented under the final rule?

• OVS continues to be a requirement in the NSLP for senior high schools (age/grade 9-12)

• Option for SFA for all schools in SBP

• Under OVS, schools must offer required food components and quantities, and the student is required to select at least 3 FULL components, with exceptions noted:
OVS Q & A Continued

- NSLP: School must offer all 5 food components (meat/meat alternate, grain, vegetable, fruit, milk)

- Student is allowed to decline 2 of the 5 required food components.

- However, they must select at least ½ cup of either a fruit or a vegetable or combination.

- Students must select the other food components in the minimum quantities planned.

OVS K-8 Example

- **Menu** (all components are offered at the required minimum daily quantity)
  - Pizza (2 oz M/MA, 2 oz G)
  - Corn (1/2 c V)
  - Spinach Salad (1/2c V)
  - Fresh Apple (1/2c F)
  - 1% Plain Milk or Skim
  - Chocolate Milk (8 oz M)

**Student Selection:**
- Fresh Apple (1/2c F)
- Corn (1/2c V)
- 1% Plain Milk (8 oz M)

= Reimbursable Meal for Grades K-8
OVS 9-12 Example

**Menu**
(all components are offered at the required minimum daily quantity)

- Pizza (2 oz M/MA, 2 oz G)
- Corn (1/2c V)
- Spinach Salad (1/2c V)
- Fresh Apple (1/2c F)
- 1% Plain Milk or Skim Chocolate Milk (8 oz M)

**Student Selection:**
- Fresh Apple (1/2c F)
- Corn (1/2c V)
- 1% Plain Milk (8 oz M)

= NOT A Reimbursable Meal for Grades 9-12

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### Grades 9-12

<table>
<thead>
<tr>
<th>Meal Pattern</th>
<th>Grades 9-12</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Component)</td>
<td></td>
</tr>
<tr>
<td>Pizza (cup)</td>
<td>5 cups (1 cup)</td>
</tr>
<tr>
<td>Corn (cup)</td>
<td>5 cups (1 cup)</td>
</tr>
<tr>
<td>Spinach Salad (cup)</td>
<td>1/2c V</td>
</tr>
<tr>
<td>Fresh Apple (cup)</td>
<td>1/2c F</td>
</tr>
<tr>
<td>1% Plain Milk or Skim Chocolate Milk (cup)</td>
<td>8 oz M</td>
</tr>
</tbody>
</table>

**Student Selection:**

- Fresh Apple (1/2c F)
- Corn (1/2c V)
- 1% Plain Milk (8 oz M)

= Reimbursable Meal for Grades 9-12
OVS Q & A

• Can a student meet the OVS ½ cup requirement for fruit or vegetable by selecting ½ cup of a dish containing a mixture of fruits and vegetables?

• Yes, a student may select a ½ cup that consists of different fruits (e.g., fruit salad), or different vegetables (e.g., mixed vegetables) or a combination of only fruits and vegetables (e.g., carrot/raisin salad).

• Keep in mind that the ½ cup allowance for fruit or vegetables may be used only once for either the fruits or the vegetables component in a meal, so the other food components selected by the student under OVS must be full components.

**PREVIOUSLY RECORDED**

2012 Region One Education Service Center

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School Meal Pattern

How to recognize a reimbursable meal

<table>
<thead>
<tr>
<th>Choice of 3, 2, or 1 Components</th>
<th>Required Component* (1/2 cup serving)</th>
<th>Fall Serving of an Additional Component, by age group**</th>
<th>Reimbursable Meal?</th>
</tr>
</thead>
<tbody>
<tr>
<td>If selecting 3 components consisting of meat/meat alternative or grain or milk</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>If selecting 2 components consisting of meat/meat alternative or grain or milk</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>If selecting only 1 component consisting of meat/meat alternative or grain or milk</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>If selecting only 1 component consisting of meat/meat alternative or grain or milk</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Under offer versus serve, students must take a minimum of a ½ cup of fruit and/or vegetable component in addition to two other full components in order for the meal to qualify as a reimbursable meal.

**6-11: Vegetable Serving = ½ cup and Fruit Serving = ½ cup
6-11: Vegetable Serving = ½ cup and Fruit Serving = ½ cup
6-11: Vegetable Serving = 1 cup and Fruit Serving = 1 cup

PREVIOUSLY RECORDED
OVS Q & A

• Can a student meet the OVS ½ cup requirement for fruit or vegetable by selecting ¼ cup fruit and ¼ cup vegetable?

• Yes. Although fruits and vegetables are separate components in the meal patterns, the OVS requirement to select at least ¾ cup of fruits or vegetables daily for a reimbursable meal may be met if the student selects ¼ cup of fruits and ¼ vegetables.

• This is another way to promote the consumption of fruits and vegetables among children. The student would not be required to select additional fruits or vegetables if the reimbursable meal under OVS includes two other components in full.
OVS Q & A

• May students take a smaller portion of both fruits and vegetables under OVS?

• Under OVS, students must select at least ½ cup of either the fruit or the vegetable component, or a ½ cup combination of both components (¼ cup fruits and ¼ cup vegetables), for a reimbursable meal.

• If a student selects only three components, and two of these three components are fruits and vegetables, the student may select ½ cup of either the fruit or vegetable, but then must select the full component of the other.

OVS Q & A Continued

• For example, if a student in grades 9-12 selects just milk, fruit and vegetables, the student may take ½ cup of the vegetable but must take the full 1 cup offering of the fruit.

• However, if the student selects another full component, such as a grain or meat/meat alternate, the student may take a smaller portion of the fruit because the fruit is no longer being counted as the 3rd component in the reimbursable meal.
### OVS K-8 Example

**Menu**

(all components are offered at the required minimum daily quantity)

- Pizza (2 oz M/MA, 2 oz G)
- Corn (1/2 c V)
- Spinach Salad (1/2c V)
- Fresh Apple (1/2c F)
- 1% Plain Milk or Skim Chocolate Milk (8 oz M)

**Student Selection:**

- Fresh Apple (1/2c F)
- Corn (1/2c V)
- 1% Plain Milk (8 oz M)

= Reimbursable Meal for Grades K-8

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### School Meal Pattern

**How to recognize a reimbursable meal**

<table>
<thead>
<tr>
<th>Choice of 3, 2, or 1 Components</th>
<th>Required Component* (1/2 cup or veg)</th>
<th>Fall Serving of an Additional Component, by food group**</th>
<th>Reimbursable Meal?</th>
</tr>
</thead>
<tbody>
<tr>
<td>If selecting 3 components consisting of meat/meat alternative or grain or milk</td>
<td>+</td>
<td>+</td>
<td>=</td>
</tr>
<tr>
<td>If selecting 2 components consisting of meat/meat alternative or grain or milk</td>
<td>+</td>
<td>-</td>
<td>=</td>
</tr>
<tr>
<td>If selecting 1 component consisting of meat/meat alternative or grain or milk</td>
<td>+</td>
<td>-</td>
<td>=</td>
</tr>
</tbody>
</table>

*Under offer versus serve, students must take a minimum of 1/2 cup of fruit and/ or vegetable component in addition to two other full components in order for the meal to qualify as reimbursable meal

**K-5: Vegetable Serving = 1/2 cup and Fruit Serving = 1/2 cup
6-8: Vegetable Serving = 1/2 cup and Fruit Serving = 1/2 cup
9-12: Vegetable Serving = 1 cup and Fruit Serving = 1 cup

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**2012 Region One Education Service Center**
OVS 9-12 Example

• Menu
(all components are offered at the required minimum daily quantity)
– Pizza (2 oz M/MA, 2 oz G)
– Corn (1/2c V)
– Spinach Salad (1/2c V)
– Fresh Apple (1/2c F)
– 1% Plain Milk or Skim Chocolate Milk (8 oz M)

Student Selection:
• Fresh Apple (1/2c F)
• Corn (1/2c V)
• 1% Plain Milk (8 oz M) = NOT A Reimbursable Meal for Grades 9-12

Note * indicates addition of food component to 9-12 menu

= Reimbursable Meal for Grades 9-12
OVS Q & A

• Must the SFA prepare full servings of both fruits and vegetables for every student when OVS is in place?

• SFAs must plan meals in the NSLP and SBP to meet all meal requirements and provide required amounts of food for all students.

• Menu planners should take into account participation and selection trends to determine what and how much food to offer students.

OVS Q & A Continued

• Careful menu planning will ensure that students have access to all the required food components for the reimbursable meal and minimize food waste.
OVS Q & A

• The regulations allow students to decline two components at lunch. Does this remove the SFA’s option to choose the number of components that may be declined in elementary and junior high/middle school?

• Yes. The number of components that may be declined at lunch under OVS is the same for all age/grade groups.

OVS Q & A

• If the menu planner offers the meat/meat alternate component as two food items (e.g., cheese stick and nuts) or the grains component as two food items (e.g.; pasta and bread stick), is the student required to take both items if he chooses the component under OVS?

• Yes. Under OVS, the student must select full components; the only exception is 1/2 cup of fruits or vegetables. If the menu planner offers the meat/meat alternate component (or the grains component) as two food items, the full component includes both items.

• A full component is the daily quantity designated by the menu planner (no less than the established minimum) to meet the required weekly ranges. The only situation where the student may decline half of the planned meat/meat alternate or grains component is when the student already has three other components on the tray.
OVS 9-12 Example

• Menu

(all components are offered at the required minimum daily quantity)

- Beef Tacos (1 oz M/MA, 1 oz G)
- Shredded Cheese (1 oz M/MA)
- Spanish Rice (1/2c = 1 oz G)
  - Fresh Apple (1/2c F)
  - Chilled Peaches (1/2c F)
  - Refried Beans (1/2c V)
  - Shredded Lettuce (1c V)

- 1% Plain Milk or Skim Chocolate Milk (8 oz)

Student Selection 1:
- Beef Tacos (1 oz M/MA, 1 oz G),
- Fresh Apple (1/2c F)
= NOT A Reimbursable Meal for Grades 9-12

Student Selection 2:
- Shredded Cheese (1 oz M/MA)
- Spanish Rice (1/2c = 1 oz G)
- Fresh Apple (1/2c F)
= NOT A Reimbursable Meal for Grades 9-12
OVS Q & A

• Is pre-plating allowed under OVS?

• Pre-plated meals continue to be permitted as schools, including RCCIs, are not required to change their meal service systems to accommodate OVS. However, pre-plated meals must offer all components and quantities required for each age/grade group, including the daily minimums and not exceed the weekly maximums. Schools and RCCIs are encouraged to modify their meal service systems to include OVS opportunities to the extent possible.

Offer Versus Serve In Disciplinary Situations

• If meal is prepackaged, offer vs. serve provision does not apply
  — Students must be allowed to choose from a selection of milk in a variety of flavors

• An adequate point-of-service counting system must be in place to properly count and document meals
  — Counts should be taken at point-of-service
Prepackage Delivery System

- To allow students in schools with a prepackage delivery system some choice, these schools are allowed to implement offer versus serve to the extent that is possible as long as students take at least three full portions.

Lunch Example

- The lunch offered:
  - Turkey, mashed potatoes, peaches, roll and milk

- OVS – current regulations
  - Turkey, roll and milk = reimbursable lunch

- OVS – under new regulations
  - Turkey, roll and milk ≠ reimbursable lunch
Lunch Example – Past vs Current OVS Regulations

Past Selection = Allowable, Reimbursable

Current Selection = Allowable, Reimbursable

Test Your Knowledge

FACT OR FICTION
Offer vs. Serve: Fact of Fiction

- Milk is optional – students can choose not to take it.
  - **FACT!!**
    - A student can have a reimbursable meal without taking milk.

- A student is charged a different price when taking 3 items compared to taking all 5 food items.
  - **FICTION!!**
    - The same price is charged for all reimbursable meals (meals containing 3 – 5 food items at lunch)

- A student may not take more than 5 food items.
  - **FICTION!!**
    - The student may take more than 5 items
      - CE should have policy regarding sales for additional items (i.e. can students take extras or are they sold a la carte)

- A hamburger alone is a reimbursable meal.
  - **FICTION!!**
    - Hamburger only contributes 2 components: M/MA and G/B
    - Student must take at least 1 other item for the meal to be reimbursable and ½ c F or ½ c V
    - A reimbursable meal must have at least ½ cup serving of the fruit or vegetable component
Grades 9-12 Offer vs. Serve: Fact of Fiction

- Student takes 8 oz. milk, ½ c green beans and ½ c applesauce – it qualifies as a reimbursable meal.
  - **FICTION!!**
    - 3 food items selected including a fruit or vegetable, however, if a student selects only three components, and two of these three components are fruits and vegetables, the student may select ½ cup of either the fruit or vegetable, but then must select the full component of the other (1 cup daily minimum for both fruits & vegetables in 9-12).

- Student takes: ½ c Spanish rice, 1 oz. breadstick and 8 oz. milk – it qualifies as a reimbursable meal.
  - **FICTION!!**
    - Grain can only count as one food item per meal
    - Student did not select a fruit or vegetable as required

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Grades 6-8 OFFER VS. SERVE: FACT OR FICTION

- Student takes 8 oz. milk, ½ c green beans and ½ c applesauce – it qualifies as a reimbursable meal.
  - **FACT!!**
    - If a student selects only three components, and two of these three components are fruits and vegetables, the student may select ½ cup of the either fruit OR vegetable but then must select the full component of the other.

- Student takes: ½ c Spanish rice, 1 oz. breadstick and 8 oz. milk – it qualifies as a reimbursable meal.
  - **FICTION!!**
    - Grain can only count as one food item per meal
    - Student did not select a fruit or vegetable as required
Grades K-5 OFFER VS. SERVE: FACT OR FICTION

- Student takes 8 oz. milk, ½ c green beans and ½ c applesauce – it qualifies as a reimbursable meal.
  - FACT!!
    - If a student selects only three components, and two of these three components are fruits and vegetables, the student may select ½ cup of the either fruit OR vegetable but then must select the full component of the other.

- Student takes: ½ c Spanish rice, ½ oz. breadstick and 8 oz. milk – it qualifies as a reimbursable meal.
  - FICTION!!
    - Grain can only count as one food item per meal and if 2 grains taken must = 1 oz. ½ c. Spanish Rice does not = ½ oz.
    - Student did not select a fruit or vegetable as required

Learning Activity

Offer vs Serve – Does the Students Selection Meet a Reimbursable Meal?
K-5, 6-8, 9-12
Breakfast Requirements

Current Regulations
SY2012-2013

Traditional Food Based: Breakfast

<table>
<thead>
<tr>
<th>Combination 1</th>
<th>or</th>
<th>Combination 2</th>
<th>or</th>
<th>Combination 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 fl. oz. Milk</td>
<td></td>
<td>8 fl. oz. Milk</td>
<td></td>
<td>8 fl. oz. Milk</td>
</tr>
<tr>
<td>½ cup juice*/fruit/vegetable</td>
<td></td>
<td>½ cup juice*/fruit/vegetable</td>
<td></td>
<td>½ cup juice*/fruit/vegetable</td>
</tr>
<tr>
<td>2 grains/breads</td>
<td></td>
<td>2 oz. meat/meat alternate</td>
<td></td>
<td>1 grain/bread</td>
</tr>
</tbody>
</table>

* full-strength fruit or vegetable juice

2012 Region One Education Service Center
Traditional Food Based: Breakfast

- Students must be offered breakfast that contains:
  - 4 Food Items from 3 or 4 Food Components
    - Milk
    - Vegetable/Fruit
  
  Select one serving from each of the following components or two servings from one of the components.
  - Grains/Breads
  - Meat/Meat Alternate

  – Food items must be offered in at least the minimum serving sizes for the appropriate age/grade group.

Offer vs. Serve: Breakfast

- Offer vs. serve is optional at all grade levels at breakfast.

- Students may refuse any 1 of the 4 components offered as part of the reimbursable meal.
  - Student must be offered all 4 components.
  - Must take at least 3 of 4 components for the meal to be reimbursable.
  - May decline to take any component, including the milk.
Offer vs. Serve: Breakfast

• Grades K-12 Requirements:
  – Vegetable/Fruit
    • Total quantity taken must be a minimum of ½ cup of vegetable, fruit, or full-strength juice.
      – If menu has two, ¼ cup servings of V/F, student must take both to meet the V/F requirement.
      – Fresh Fruit contribution is dependant on ct/cs & size, typical in our program to credit a fresh fruit as ½ c V/F
      – Fresh Fruit & Fruit Juice = One Component
      – V/F may be combined with other food items.
        » Example: Fruit smoothie, parfait

• Student must take the full serving of the food items selected to count toward the reimbursable meal.
  – Students may take smaller portions of the declined food items.

• Breakfast must be priced as a unit.
  – Students pay the same price whether they take 3 or 4 food items.
Traditional Food Based: Breakfast

<table>
<thead>
<tr>
<th>Combination 1</th>
<th>Combination 2</th>
<th>Combination 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 fl. oz. Milk</td>
<td>8 fl. oz. Milk</td>
<td>8 fl. oz. Milk</td>
</tr>
<tr>
<td>½ cup juice*/fruit/vegetable</td>
<td>½ cup juice*/fruit/vegetable</td>
<td>½ cup juice*/fruit/vegetable</td>
</tr>
<tr>
<td>2 grains/breads</td>
<td>2 oz. meat/meat alternate</td>
<td>1 grain/bread 1 oz. meat/meat alternate</td>
</tr>
</tbody>
</table>

* full-strength fruit or vegetable juice

Offer vs. Serve: Breakfast

- Grain/Bread
  - Student must take at least 1 full serving separately or in a combination food.
  - Example: Breakfast sandwich

- Meat/Meat Alternate
  - Student must take at least 1 oz of M/MA

- When offering 2 G/B or 2 M/MA
  - May be 2 different foods.
    - Example: Eggs and Cheese OR Cereal and Toast
  - May be 2 servings of the same food.
    - Example: 2 pancakes OR 1 large egg
Offer vs. Serve: Breakfast

To claim reimbursement:

- At least 3 full-size components must be selected
  - If student selects ½ serving of G/B and ½ serving of M/MA no credit would be given for either the G/B or the M/MA.

- Only 2 servings from M/MA or G/B may be counted.
  - Example: If a student takes 2 slices of toast and an egg it would not count as 3 components towards the reimbursable meal – must take either the V/F or milk.

Offer vs. Serve: Breakfast

- Combination Food Items
  - Can only be counted as two items, regardless of the size, weight or number of food items the product contains.
  - Example: Fruit turnover or breakfast burrito

- Second servings of vegetable/fruit or milk will not count toward the reimbursable meal.
Equal Access For All Students

- Same selection or reimbursable menu items must be offered to all children regardless of eligibility status.
  - If certain items are not made available to all children those items may not be counted toward reimbursable meals.

- Meals served on all-cash lines and serving lines not made available to all children may not be claimed for reimbursement.

- Child Nutrition Departments need to be involved in planning for special functions, parties, field trips, etc. to ensure students are not overtly identified and reimbursable meals are served.

Breakfast In The Classroom (BIC)

- Meals Served
  - Meal in a bag
  - Individually wrapped

- Point of Service
  - Student receives meal in cafeteria and returns to classroom
  - Meals delivered to classroom for service
  - Reimbursable meal count taken at point of service (examples)
Learning Activity

Practice Makes Perfect

• In order to apply the knowledge and skills gained from today's webinar, you will be emailed a homework assignment with more practice problems.

• The email will include the homework assignment and instructions, due date, and additional details needed to complete the assignment.
Options

• If you do not want to complete the homework assigned, the total hours listed for the webinar will be decreased for the time homework would take to complete.

• Late homework will not be accepted.

Questions & Discussion

• Questions & Comments, Email any questions & comments regarding this webinar to the following email addresses:
  – klkeller@esc1.net
  – lvillarreal@esc1.net
Thank You

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