



Elementary Counselor Academy

Workshop# 238903

Region One Education Service Center offers expert assistance, information updates and high-quality training to support counselors, social workers, and other school staff members designated to ensure the mental health and wellness of the children in Region One.

DATE	8:30 a.m. - 11:30 a.m.	1:00 p.m. - 3:30 p.m.
October 25, 2022 WK# 238916 Sal Del Rey	Suicide Prevention and Intervention	Suicide Resources and Toolkits
December 9, 2022 WK# 238917 (Virtual)	Cognitive Behavior Therapy (CBT)	Counseling Children (Brief Solution)
January 17, 2023 WK# 238920 Falcon Dam	Mental Health Guidance Lessons: Tier 1 School Counseling	Mindfulness, Anger Management and Growth Mindset
February 23, 2023 WK# 238922 Falcon Dam	Helping the Grieving Student	Media Safety

Online registration at www.esc1.net/staffdevelopment

Who should attend?

- Guidance and Counseling Directors
- Guidance and Counseling Department Heads
- Campus Administrators
- Elementary Counselors
- SPED Department Heads
- Diagnosticians
- Social Workers

Registration Fee

\$450 per participant for all sessions
or
\$150 for each daily session(s)

Email jmcastillo@esc1.net
for further information



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