

Health and Physical Education Curriculum Updates -Graduation Requirement Courses- SY 2022-2023

January 27, 2022

Region One ESC

**Division of Instructional Leadership, School Improvement,
and College Readiness Support**



Agenda

- I. Health Education and Physical Education TEKS Revisions
- II. PEIMS Service IDs and Course Credits
- III. Implications on Master Scheduling and Professional Development Planning for 2022-2023 SY



(6) Physical education--one credit.

(A) The required credit may be selected from any combination of the following one-half to one credit courses:

- (i) Foundations of Personal Fitness;
- (ii) Adventure/Outdoor Education;
- (iii) Aerobic Activities; and
- (iv) Team or Individual Sports.

(B) In accordance with local district policy, the required credit may be earned through completion of any Texas essential knowledge and skills-based course that meets the requirement in subparagraph (E) of this paragraph for 100 minutes of moderate to vigorous physical activity per five-day school week and that is not being used to satisfy another specific graduation requirement.

(C) In accordance with local district policy, credit for any of the courses listed in subparagraph (A) of this paragraph may be earned through participation in the following activities:

- (i) Athletics;
- (ii) Junior Reserve Officer Training Corps (JROTC); and
- (iii) appropriate private or commercially sponsored physical activity programs conducted on or off campus. The district must apply to the commissioner of education for approval of such programs, which may be substituted for state graduation credit in physical education. Such approval may be granted under the following conditions.



(I) Olympic-level participation and/or competition includes a minimum of 15 hours per week of highly intensive, professional, supervised training. The training facility, instructors, and the activities involved in the program must be certified by the superintendent to be of exceptional quality. Students qualifying and participating at this level may be dismissed from school one hour per day. Students dismissed may not miss any class other than physical education.

(II) Private or commercially sponsored physical activities include those certified by the superintendent to be of high quality and well supervised by appropriately trained instructors. Student participation of at least five hours per week must be required. Students certified to participate at this level may not be dismissed from any part of the regular school day.

(D) In accordance with local district policy, up to one credit for any one of the courses listed in subparagraph (A) of this paragraph may be earned through participation in any of the following activities:

- (i) Drill Team;
- (ii) Marching Band; and
- (iii) Cheerleading.

(E) All substitution activities allowed in subparagraphs (B)-(D) of this paragraph must include at least 100 minutes per five-day school week of moderate to vigorous physical activity.



Health and Physical Education Texas Essential Knowledge and Skills (TEKS)



<https://content.govdelivery.com/accounts/TXTEA/bulletins/303ec05>

State Board of Education adopted the TEKS revisions to the K-12 health education and physical education Texas Essential Knowledge and Skills (TEKS).

- New standards for kindergarten–grade 8
- Three new high school courses for health education
- Three new high school courses for physical education

The new health courses will be offered for one-half credit and the new physical education courses will be offered for one-credit. Effective date of August 1, 2022. At that time, the new TEKS will replace the current TEKS in Texas Administrative Code, Chapter 115.

In the interim between now and the effective date, the new TEKS can be accessed on the Adopted State Board of Education Rules—Not Yet Effective web page: <https://tea.texas.gov/about-tea/laws-and-rules/sboe-rules-tac/adopted-state-board-of-education-rules-not-yet-effective>.

January 4, 2022

Health and Physical Education
Curriculum Standards and Student Support



Health and Physical Education Newsletter

Thank you for subscribing to the health and physical education newsletter.

Below you will find information related to the following topics.



Physical Education

PEIMS Service IDs and Course Credit

2021-22		2022-23	
PES00052 Foundations of Personal Fitness	.5-1	Repealed Aug 1, 2022 for 22-23	
PES00054 Aerobic Activities	.5-1	Repealed Aug 1, 2022 for 22-23	
PES00055 Individual or Team Sports	.5-1	Repealed Aug 1, 2022 for 22-23	
PES00053 Adventure/Outdoor Education	.5-1	PES00053 Lifetime Recreation and Outdoor Pursuits (same service ID/different title)	1
		PES00051 Lifetime Fitness and Wellness Pursuits	1
		PES00056 Skill-Based Lifetime Activities	1



All PEIMS information for the 2022-2023 CO22 code table for service IDs published on December 1, 2021.
 To access the information, please visit the Texas Student Data Systems (TSDS) web page for more information
<https://tealprod.tea.state.tx.us/TWEDS/95/466/0/0/CodeTable/List/13803>

*Note: Physical education courses will be offered for **one-credit**.



TEA Physical Education Course FAQs and Scenarios

1. Do the new high school PE courses have to be offered next year or will there be a grace period? When will the old courses be repealed?

There will not be a grace period. The new courses will become effective August 1, 2022, and the old courses will be repealed, meaning they will no longer be available after August 1, 2022.

2. If a student already has .5 PE credit (**Foundations of Personal Fitness**) as of the 2021-2022 school year and they only need .5 more PE credits to satisfy the PE credit requirement. What would be an option for them for the 2022-2023 school year since they are all year-long courses?

The new physical education (PE) courses become effective August 1, 2022 and will be offered for 1.0 credit. For students taking the new high school PE courses next academic year that only need .5 credit of physical education to graduate, .5 credit of the course would apply to the graduation requirement for PE, and the remaining .5 credit would meet a local credit requirement.

3. The student only needs .5 of the credit to complete the P.E. credit requirements. So after they earn the .5 credit, they would like to do a schedule change and enroll student to a different course for the Spring semester. Ex: When the campus schedules the student in PES00056 Skill-Based Lifetime Activities next school year, does the student have to stay in the course for its entirety?

This is a local district decision that needs to be made in accordance with TAC [§74.26\(d\)](#). Please note that the award of credit is tied to demonstrated proficiency of the TEKS for a course and not the time spent in the actual course. Therefore, the district will need to have some type of mechanism in place to assess the student has demonstrated proficiency in the TEKS for half of the course and the district will also need to make sure that they are not putting the student at a disadvantage for completing the second half of the course they are being enrolled in at mid-year.



Source: Barney Fudge, TEA Health and Physical Education Coordinator

TEA Physical Education Course FAQs and Scenarios

4. Is it allowable to mix and match one credit – example: ½ credit in Foundations of Personal Fitness and ½ credit in Skill-Based Lifetime Activities?

The TAC [§74.26\(d\)](#) states that in accordance with local district policy, students who are able to successfully complete only half of a course can be awarded credit proportionately. However, students will still need one full credit of physical education, or any combination of allowed substitutions to meet the 1.0 graduation requirement for physical education.

5. If a student has a schedule change, for instance, out of Athletics and needs to complete PE credit requirements, would they just be able to slide into one of these year-long PE courses?

This would be handled the same way it has always been handled within your district in accordance with the Texas Administrative Code (TAC) [§74.26\(d\)](#) which states that in accordance with local district policy, students who are able to successfully complete only half of a course can be awarded credit proportionately.

6. Can a student earn a half credit (0.5) in one of the new PE courses, and another half credit (0.5) in another one of the new PE courses to make the full credit (1.0) necessary for graduation? Basically, add two halves to make a whole.

The Texas Administrative Code (TAC) [§74.26\(d\)](#) states that in accordance with local district policy, students who are able to successfully complete only half of a course can be awarded credit proportionately. With that being said, the new PE courses are intended to be taken in their entirety. With the arrangement discussed in the 3rd question, the district will need to determine and document out the portion of the content that has been completed.

Source: Barney Fudge, TEA Health and Physical Education Coordinator



TEA Physical Education Course FAQs and Scenarios

7. Can LEA's schedule the new PE classes as A & B sections with the understanding that the student must complete both sections?

The scheduling of courses is a local district decision. The Texas Administrative Code (TAC) [§74.3\(b\)\(1\)](#) states that districts may provide instruction in a variety of arrangements and settings, including mixed-age programs designed to permit flexible learning arrangements for developmentally appropriate instruction for all student populations to support student attainment of course and grade level standards.

Please note that current rule states that credit may not be earned more than once for any of the State Board of Education (SBOE) approved courses and no more than four substitution credits may be earned through any combination of allowed substitutions.

Current PE FAQ can be found by visiting <https://tea.texas.gov/academics/subject-areas/health-and-physical-education/physical-education>.

Source: Barney Fudge, TEA Health and Physical Education Coordinator



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Considerations for 2022-2023

- Master Schedule Planning
 - Adding New Courses
 - Deleting Old Courses
 - SIS Coordination
- Update TEKS in District PE and Health Curriculum
 - Communicate to PE and Health Teachers the New TEKS
- Professional Development for PE and Health Teachers



References

[Chapter 74, Subchapter B \(texas.gov\)](#)

[Health and Physical Education Newsletter January 4, 2022](#)

[Adopted State Board of Education Rules - Not Yet Effective | Texas Education Agency](#)

PEIMS Texas Education Data Standards - [TWEDS - C022 Code Table \(state.tx.us\)](#)

[Texas Administrative Code \(state.tx.us\)](#) - TAC [§74.26\(d\)](#)

[PE FAQ \(texas.gov\)](#)





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