

ZAPATA COUNTY RESOURCES

Border Region Behavioral Health Center

Office: (956) 794-3000

1500 Pappas Street

Laredo, Tx 78041

<https://www.borderregion.org/>

Shepherd's Pantry Ministry

Office: (956) 765-0123

508 Hawk St, Falcon Mesa

Zapata, Tx 78076

<http://www.kingswaychurch.com/>

Helping Hands Food Pantry

Office: (956) 765-9327

702 Delmar St.

Zapata, Tx 78076

<http://www.co.zapata.tx.us/>

Catholic Charities Diocese of Laredo

Office: (956) 722-2443 **Fax:** (956) 725-2238

1919 Cedar Ave.

Laredo, Tx 78040

<https://www.dioceseoflaredo.org/catholic-charities-diocese-laredo>

Veteran Supportive Services (Endeavors-Tip of Texas)

Office: (956) 278-0751 **Fax:** (956) 982-1194

1130 Pecan Blvd

McAllen, Tx 78501

<https://endeavors.org/>

Women, Infants, and Children Program (WIC)

Office: (956) 795-4943 **Fax:** (956) 726-2632

2600 Cedar Ave.

Laredo, Tx 78040

<https://www.cityoflaredo.com/health/WIC.html>

Commodity Supplemental Food Program (Seniors 60yrs +)

Office: (956) 726-3120 **Fax:** (956) 725-1309

2121 Jefferson St and Santa Isabel Av.

Laredo, Tx 78041

<https://www.southtexasfoodbank.org/csfp-distribution-sites>